

GENERATE



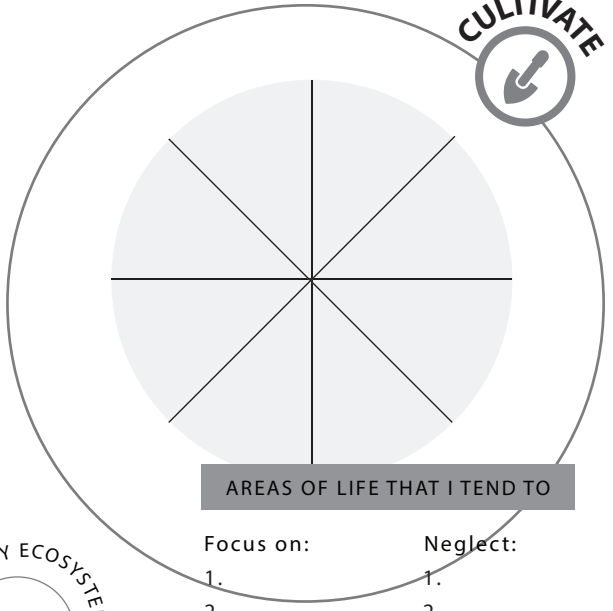
GIFTS AND ABILITIES



CULTIVATE



AREAS OF LIFE THAT I TEND TO



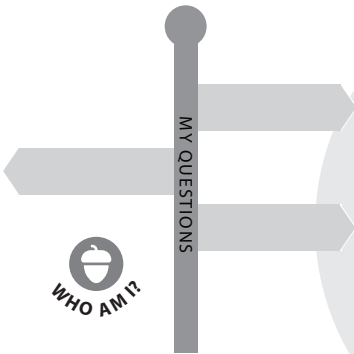
Focus on:

- 1.
- 2.
- 3.

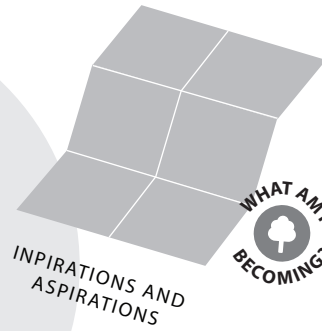
Neglect:

- 1.
- 2.
- 3.

MY ECOSYSTEM



LIFE ALIGNMENT MAP



THEMES AND PATTERNS



ACTION STEPS

DO MORE OF:

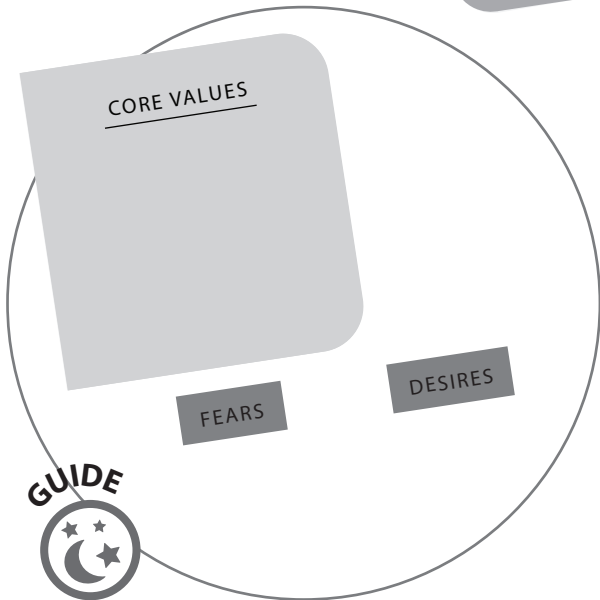
DO LESS OF:

CORE VALUES

FEARS

DESIRES

GUIDE



CELEBRATE

